

# October 2025 BREAKFAST Menu

Menu is subject to change

# Unity Ridge Lutheran School

This institution is an equal opportunity provider.

<b>WG=Whole Grain</b>	<b>Milk Available for Appropriate Age groups Lactose, Whole, 1%.</b>	<b>1 NO SCHOOL/DAYCARE ONLY</b> Breakfast Pizza Orange Juice	<b>2 NO SCHOOL/DAYCARE ONLY</b> Omelet Toast Applesauce	<b>3 NO SCHOOL/DAYCARE ONLY</b> Sausage Link Toast Grape Juice
6 French Toast Cereal Fruit  Infant/toddler only: sausage link	7 Scramble Egg Cereal Toast Juice Cup	8 Yogurt/Granola Cereal Peaches	9 Pizza Bagel Cereal Juice Cups	10 Cinnamon Roll Cereal Fruit  Infant/Toddler only: Egg Patty
13 Long John Cereal Juice Cups  Infant/Toddler only: Egg Patty	14 Biscuit and Gravy Cereal Fruit	15 Breakfast Pizza Cereal Juice Cups	16 Pancake on a stick Cereal Fruit	17 French Toast Cereal Juice Cups  Infant/Toddler only: sausage link
20 <b>NO SCHOOL/DAYCARE ONLY</b> Egg Patty Peaches Toast	21 Breakfast Bar Cereal Juice Cups	22 Pancakes Cereal Fruit  Infant/Toddler only: Omelets	23 Yogurt Granola Cereal Juice Cups	24 Biscuit Egg & Cheese Cereal Fruit
27 Long John Cereal Fruit  Infant/ Toddler only: Egg Patty	28 Breakfast Pizza Cereal Juice Cups	29 Scrambled Egg Cereal Toast Fruit	30 Biscuit and Gravy Cereal Juice cups	31 <b>NO SCHOOL/DAYCARE ONLY</b> Omelets Toast Peaches